

Project Four: Gestures

Prepare and deliver a speech that allows you to practise and evaluate your gestures whilst speaking to an audience.

Evaluate Yourself

						Comments/Observations
Hand Gestures <ul style="list-style-type: none"> • <i>Appropriate</i> • <i>Non Repetitive</i> • <i>Avoid Pointing</i> • <i>Enhance clarity of message for an audience</i> 	1	2	3	4	5	
Facial Expressions <ul style="list-style-type: none"> • <i>Expressive</i> • <i>Smiling</i> • <i>Friendly</i> • <i>Appropriate</i> • <i>Enhance message</i> 	1	2	3	4	5	
Posture <ul style="list-style-type: none"> • <i>Strong</i> • <i>Confident</i> • <i>Avoid Shuffling</i> 	1	2	3	4	5	
Movement around Stage <ul style="list-style-type: none"> • <i>Purposeful</i> • <i>Smooth</i> 	1	2	3	4	5	
Eye Contact <ul style="list-style-type: none"> • <i>Establish Bonds</i> • <i>Shared with audience</i> • <i>Eye contact held for an appropriate length of time</i> 	1	2	3	4	5	